

Praise for *Down There: Sexual and Reproductive Health the Wise Woman Way*

“Just when I thought there were too many women's health care books, one appears with a fresh perspective. This is a book of choices. Susun provides the mainstream perspective, a deeper understanding of pelvic conditions, and all the treatment options. Unlike most texts, this one is a delight to peruse. I enjoyed it cover to cover.”

Sharol Tilgner, *Herbal Medicine from the Heart of the Earth*

“A crucial and empowering book. You clearly explain how my body works - so I finally understand and pick the best options for my health.”

Maria Barresi, *Wise Woman*

“A fabulous, amazing, and world-changing book. It will help us take back the night, the day, and our rightful place in the world -- and in our own hearts and wombs.”

Susan McLaughlin, *Herbalist*

“What a comprehensive, comforting, and easy-to-read guide on pelvic health. The perfect combination of current modern treatment practices with ageless goddess wisdom.”

Mary O'Dwyer, Senior Teaching Fellow, Bond University

“Once again Susun Weed blesses us with wit and deep wisdom. Take this book to bed. It is destined to be a classic for men and women for generations.”

Brigitte Mars, herbalist, author, professor

“A one-of-a-kind book. A gentle guide to connecting with ourselves and our well-being, both emotional and physical.”

Kathi Keville, *Women's Herbs, Women's Health*

“Susun's newest book is intuitive, well-researched, and a fine example of integrative medicine. It bridges the gaps between natural healing and mainstream medicine, leaving nothing out.”

Feather Jones, RH, AHG, herbalist, author

“Another exciting herbal from Weed! Well-organized, comprehensive, and easy to use. Should be in every library and every home.”

Grethchen Gould, herbalist, jazz pianist

“Susun Weed is one of the most important, informative, and inspirational writers of our time. Her new book, like all her others, is an essential guide to anyone seeking optimum health.”

Corinna Wood, *Red Moon Herbs*

“Critical health information wrapped in the wisdom of our herbal traditions creates a guide useful for anyone interested in a grounded approach to an often overwhelming topic.”

Bevin Clare, Clinical Division Chair, Herbal Medicine, Tai Sophia Institute

“I found your work when I was in my 40's, facing a hysterectomy for fibroids, endometriosis, and cysts. Chaste tree berries made me healthy! I recommend your books to those with fertility problems, female issues, and pesky 'down there' problems.”

Anonymous

“ Rich in research, thought provoking, bedecked with herbs, and seasoned with stories, this is a superbly useful reference book. Susun is a word weaver who can help you craft you own unique healing path, the Wise Woman Way.”

Robin Rose Bennett, *Healing Magic, A Green Witch Guidebook*

“This long-awaited next volume in the Wise Woman Herbal Series lets us look at and laugh about what we speak of the least.”

Andrea and Matthias Reisen, *Healing Spirits Herbs*

“Thank for delving so deeply down there.”

Doug Elliott, herbalist

“I celebrate a new book by one of the most original herbal voices of our time. Poetic and plain-spoken. A welcome addition.”

Stephen Harrod Buhner, *Lost Language of the Plants*

\$29.95

Integrative Medicine, Herbs, Women's Health

“Filled with beauty, truth, wisdom and healing.”

Chris Northrup, MD, *Women's Bodies, Women's Wisdom*

DOWN THERE the WISE WOMAN WAY

Get the answers to your most intimate questions right here.

Do you have it? What can you do?

- Orgasms
- Virility
- Desire
- PCOS
- UTIs
- LUTS
- Fibroids
- Incontinence
- Infertility
- Cervical Issues
- Endometriosis
- Hemorrhoids
- Prostate Problems
- Hysterectomy Alternatives
- Sex Infections/STDs
- Healing After Trauma
- Chronic Pelvic Pain
- Dry Vagina

You'll find a full range of options, fully explained and well illustrated, so you can make the very best choices for your good health.

- Homeopathic remedies
- Emotional aids
- Herbal stars
- Helpful/harmful drugs
- Shamanic/soul work
- Nourishing herbal infusions
- Dietary strategies
- Alternative medicines
- Successful surgery

“A vitally important guide, a godsend for male and female, young and old. Very well researched and cleverly put together. Altogether excellent.”

James Green, *The Male Herbal*

“So clear, concise, and straight to the point, I couldn't put it down. What a gift to us all!”

Chinmayo Forro, Alaskan midwife

Entertaining, educating, and inspiring. Hooray for another information-packed resource from that story-telling, web-weaving, earth-shaking wise woman Weed. Her love's on every page.”

Eaglesong, CCH

“Susun brings light to all that is down there.”

Pam Hyde-Nakai, herbalist

Down There: Sexual and Reproductive Health the Wise Woman Way

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www.DownThereWiseWomanWay.com

Phone/fax: 845-246-8081

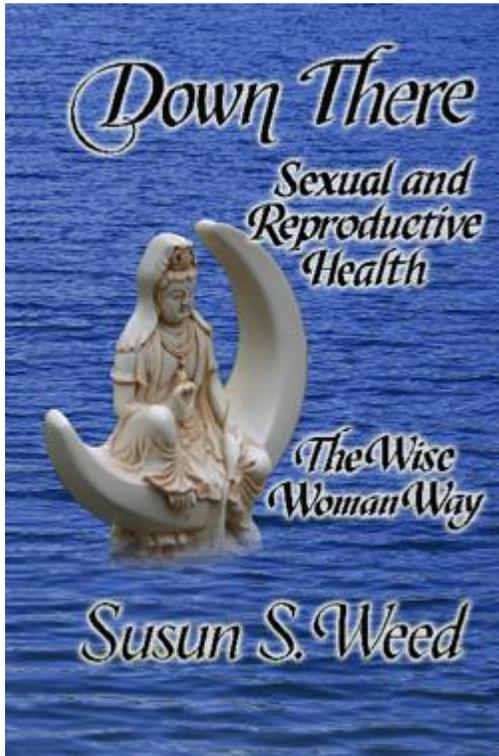
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Forthcoming Release

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Fifth title in the Wise Woman Herbal Series

Title: [Down There: Sexual and Reproductive Health the Wise Woman Way](#)



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Author: Susun S. Weed

Illustrator: Alan McKnight

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Includes: Index, illustrations, endnotes, herbal pharmacy, bibliography

Description: Simple, successful, strategies cover the entire range of options -- from mainstream to radical -- to help you choose the best, and the safest, ways to optimize sexual and reproductive health. What would your private parts say if they could speak? [Down There: Sexual and Reproductive Health the Wise Woman Way](#) gives the pelvic floor, bladder, prostate, cervix, clitoris, uterus, ovaries, penis, testicles, vagina, vulva, and clitoris a chance to speak, describes them in health, and offers alternative, complementary, integrative,

homeopathic, and allopathic remedies for their distresses, including incontinence, HPV, PCOS, UTIs, LUTS, BPH, STDs/STIs, vulvodynia, pelvic pain, and much more.

Author bio: Susun S. Weed is the voice of the Wise Woman Tradition, a founding grandmother of the herbal renaissance and the originator of the concept of complementary medicine. Ms. Weed maintains an active, worldwide teaching schedule including correspondence courses, on-line education through the Wise Woman University, apprenticeships, and teaching at various venues including Yale Nurse Midwifery School, American College of Nurse Midwives, Bastyr Naturopathic College, Rocky Mountain Center for Botanical Studies, American Botanical Council, Weg der Mitte (Berlin), and Waikato College of Herbal Studies in New Zealand. Her previous books are all still in print -- in six languages -- and are considered health-care "bibles." Full CV available at www.susunweed.com/CV

Other titles by the same author:

[New Menopausal Years the Wise Woman Way](#) (350,000 copies sold; in print: 2002)

[Breast Cancer? Breast Health! The Wise Woman Way](#) (125,000 copies; in print: 1995)

[Healing Wise, the Second Wise Woman Herbal](#) (125,000 copies sold; in print: 1989)

[Wise Woman Herbal for the Childbearing Year](#) (250,000 copies sold; in print: 1987)

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