

Susun Weed's Biography



Susun S. Weed has no official diplomas of any kind; she left high school in her junior year to pursue studies in mathematics and artificial intelligence at UCLA and she left college in her junior year to pursue life. Ms. Weed began studying herbal medicine in 1965 when she was living in Manhattan while pregnant with her daughter, Justine Adelaide Swede.

She wrote her first book – [*Wise Woman Herbal for the Childbearing Year*](#) (now in its 29th printing) – in 1985; it was published by Ash Tree Publishing in 1986. It was followed by [*Healing Wise*](#) (1989), [*New Menopausal Years the Wise Woman Way*](#) (1992 and revised in 2002), [*Breast Cancer? Breast Health! The Wise Woman Way*](#) (1996), and [*Down There, Sexual and Reproductive Health the Wise Woman Way*](#) (2011).

In addition to her writing, Ms Weed trains apprentices, oversees the work of more than 1300 [correspondence course](#) students, coordinates the activities of the [Wise Woman Center](#), and is a High Priestess of Dianic Wicca, a member of the Sisterhood of the Shields, and a Peace Elder.

Susun Weed is a contributor to the Routledge International Encyclopedia of Women's Studies, peer- reviewed journals, and popular magazines, including a regular column in *Sagewoman*.

Her worldwide teaching schedule encompasses herbal medicine, ethnobotany, pharmacognosy, psychology of healing, ecoherbalism, nutrition, and women's health issues and her venues include medical schools, hospital wellness centers, breast cancer centers, midwifery schools, naturopathic colleges, and shamanic training centers, as well as many conferences.

Susun appears on many television and radio shows, including National Public Radio and NBC News.

About the Author and Expert

SUSUN S. WEED, author of [*Down There, Sexual and Reproductive Health the Wise Woman Way*](#) (Ash Tree Publishing, June 21, 2011) and award-winning author of [*New Menopausal Years The Wise Woman Way*](#), *Alternative Approaches for Women 30-90* (Ash Tree Publishing), is one of America's best-known authorities on herbal medicine and natural approaches to women's health. Expert herbalists and well-known women's health physicians such as Susan Love, MD, Christiane Northrup, MD, Rosemary Gladstar, and David Hoffman recommend her books.

Since she began studying herbal medicine more than forty-five years ago, Weed has garnered an international reputation for her groundbreaking lectures, teachings, and writings on health and nutrition, which frequently challenge conventional medical approaches and are unabashedly pro-woman. For example, for more than a decade she has been an outspoken voice warning about the

dangers of hormone replacement therapy. The scientific community has only documented HRT's connection to breast cancer and heart attacks.

A powerful advocate for integrative medicine, Weed has appeared on numerous national radio, television, and new-media venues, including National Public Radio, NBC News, CNN, and ABCNews.com. She has been quoted and interviewed in many major magazines, including Natural Health, Woman's Day, First for Women, and Herbs for Health. She is a contributor to the Routledge International Encyclopedia of Women's Studies, and writes a regular column in *Sagewoman*. Susun offers a monthly e-mail newsletter and maintains five information-rich websites including www.susunweed.com.

Known for her voracious intellectual appetite, encyclopedic knowledge, and phenomenal energy, Weed maintains a farmstead with dairy goats, reads about a hundred periodicals a month, trains shamanic herbal apprentices, oversees the work of more than fourteen hundred correspondence course students, and has started to offer on-line courses as well.

Ms. Weed also coordinates the activities of the [Wise Woman Center](#), based in Woodstock, New York, an educational center that hosts such teachers as Vicki Noble, Z Budapest, Merlin Stone, Brooke Medicine Eagle, Luisa Teisch and many others.

Weed travels worldwide to speak at major conferences, medical schools, hospital wellness centers, breast cancer centers, midwifery schools, naturopathic colleges, and shamanic training centers. Her teaching fields of expertise encompass herbal medicine, ethnobotany, pharmacognosy, psychology of healing, ecoherbalism, nutrition, and women's health issues.

In addition to [*Down There, Sexual and Reproductive Health the Wise Woman Way*](#) and [*New Menopausal Years the Wise Woman Way, Alternative Approaches for Women 30-90*](#), Susun Weed's other best-selling books include [*Breast Cancer? Breast Health! The Wise Woman Way; Healing Wise*](#); and [*Wise Woman Herbal for the Childbearing Year*](#) (now in its 29th printing).



Follow Susun Weed online:

Facebook www.facebook.com/susun.weed

Twitter www.twitter.com/susunweed

MySpace www.myspace.com/herbshealing